



## User manual W38 / W38 PRO

Thank you for choosing our product!

To have a complete understanding of the use of this device, to know all the features and the easiest operation method, please read this manual first.

The functions in the user manual may be a little different with the physical one.

Typographical errors in this manual and discrepancies will be updated in a timely manner in the latest products. If we have updates, this manual will be subject to change without notice. Our company reserves the right of final interpretation.

## Guide to operations:

**Rotary crown:** Scroll to zoom in/out smart menu or change watch wallpapers, tap to enter main menu, double tap to change menu style.

**Bottom button:** Press and hold the button for a few seconds to turn ON/OFF the device; short press the button to turn on the screen when the screen is off.



### ON/OFF Button

**Touch instructions:** Touch to enter each function, swipe right to go back; On the home page swipe down to enter the status bar, swipe up to go to the notification centre, swipe left to enter favourite functions, swipe + to add favourite functions. swipe right to go to the main menu.



**Changing the clock background:** press and hold on the home screen to change the different clock backgrounds.



**Strap change:** Slide the strap sideways to either side, the watch strap can be easily removed.



**1:** Halar / Pull    **2:** Presione / Push

**Wireless charging:** Supports 5V mobile phone chargers and computer USB ports. Place the watch on the charging disc and it will charge automatically. It takes about 3 hours to fully charge.

**Magnetic charging:** Place the charging point connected to the back of the device charging pins, it will charge automatically. Supports PC, USB or standard 5V charger. To fully charge the device takes about 90 minutes.

**Caution:** Prevent the 2-pin magnetic charging cable from making contact with conductive material such as keys or other metal objects, it may cause a short circuit.

## CONNECTIVITY

To connect your watch to your phone, first download the MActive Pro application to your phone.



MActive Pro

**1. Android/iOS phone:** Scan the following QR code image with the browser or any scanner to download.

After installation, turn on Bluetooth on your phone and the app, confirm that notifications and all other permissions requested by the app are enabled and fill in the personal information. Press "Add device", search for the device "Watch8" (activate GPS on the smartphone before pairing) and press connect.

#### **Message settings:**

In App - Device - Notifications, select the corresponding Apps, turn on the switch.

#### **What happens if I don't receive the notification?**

1. The watch notification only syncs the phone notifications from the notification centre, such as incoming calls, SMS, WhatsApp, WeChat, etc., if the phone does not receive notifications in the notification centre, then the watch will not receive them either, it must be configured that the mobile is able to receive notifications from the corresponding Apps, by turning on the notifications permission in the phone settings.

2. If you still do not receive any notification after step (1). Reset the watch to factory settings, enter the phone's Bluetooth settings and check if the connected device has "Watch8". If so, please unpair, turn off the phone's Bluetooth and then turn it back on to reconnect.

3. If the above two steps do not solve the notification problem, uninstall the app and download it again. Remember to accept all the permissions the app asks for when it finishes installing, turn it on and reconnect.

#### **Main features:**

**Firmware update:** When the Bluetooth is connected, in the app, tap "Device", "Firmware version" and it will notify you if there is a new version available to update. During the update, a process bar will be displayed, wait until it completes. The watch will restart and reconnect to the phone app. Do not use the watch during the update. It takes 3 to 5 minutes.

**Calls:** This device supports Bluetooth calls, the watch controls the phone to make or receive calls. Tap the Bluetooth call icon in the drop-down menu, under Phone Settings-Bluetooth-search for "Watch Call" and connect to the watch. Bluetooth call audio can be disabled, then the watch would not be able to make or receive Bluetooth calls.

**Phonebook:** After connecting to the phone app, you can add 10 frequently used contacts to the watch's phonebook from the app.

**Language/Time/Date:** The language/date/time is synchronized between mobile phone and smart watch after connection.

**Standby clock screen:** There are a couple of clock backgrounds to choose from, press and hold 3 seconds on the home screen to change the clock background; you can download new clock backgrounds in the app; you can also customize your photos as the clock wallpaper.

**Sleep monitor:** Sleep monitoring will be activated automatically from 22:00 to 8:00 the next day. You can check the details of your sleep quality with the app on your phone.

**Notifications:** Synchronisation and display of notifications from apps such as Facebook, WhatsApp, SMS, Email, etc., between the mobile phone and smartwatch. Up to 8 notifications can be displayed on the watch. Adjust the settings in the MActive Pro app and allow notifications to be displayed (app permissions). You can even reject incoming calls via the watch.

**Activity information:** Displays training and health data including steps, distance and calorie consumption. This data will be saved until midnight (12:00 am) every day and then reset to "0" the next day. You can view past data in the history.

**Exercise:** Select a sport mode to record your exercise data. Run the function to start the activity, swipe right to pause the exercise, tap to end the exercise. Record duration, calories, heart rate, etc.

**Heart rate monitoring function:** When this function is activated, the device measures heart rate by scanning the capillary surface of the skin with the green optical diodes. Wait about 2 seconds to start measurement and recording. Scroll to other menus to stop the measurement. Consult the Internet for information on average heart rate, exercise heart rate for your age group and gender and/or ask your doctor for advice. [Note: The device is not a medical device. The values shown are for reference only].

**Blood pressure function:** Please place your hands flat on a surface and do not move them. When this function is activated, it takes 45 to 50 seconds of measurement and reading to provide a result. [Note: The device is not a medical device. The values shown are for reference only].

**Stopwatch function:** Press to start and pause, press again to stop.

**Electrocardiogram (ECG) function:** The device combines an optical heart rate sensor and an ECG sensor to display information about the user's heart function for reference. When this function is activated it takes about 30 seconds of measurement and reading to

provide a result in the App for review. [Note: The device is not a medical device. The values shown are for reference only].

**Blood oxygen function:** The blood oxygen level (SP02H) is the amount of oxygen circulating in the blood. Please refer to the internet for information on healthy or normal blood oxygen percentage for your age group and gender and/or ask your physician for advice. [Note: The device is not a medical device. The values shown are for reference only].

**About:** Check the model number, Bluetooth address and version number of your watch.

**Reset:** Touch to reset all data (factory mode).

**Remote Control (Music):** Allows you to activate and control music playback on your phone through your smartwatch (a music playback app must be installed on your phone).

**Alarm function:** You can set multiple alarm times via the MActive Pro app on your phone.

**Sedentary, drink reminder:** Through the app, set a time to exercise and/or a reminder to drink water.

**Find phone function:** When the device and phone are connected, the find phone function can help locate your mobile phone. Press "Find phone" and locate your device through the ringtone/sound coming from your phone.

**Wrist-wake activation:** you can "wake up" the watch with the movement of your wrist. Configure this function with the application. Please note that this may increase power consumption.

### **Important warranty information:**

This warranty only covers manufacturing or parts defects. Defective products or parts will be repaired or replaced.

### **Normal wear and tear**

- Normal wear and tear of the product or its parts is not covered by this warranty.

### **Not included in the terms of the warranty**

This warranty does not cover:

- Any defect caused by accident, misuse, abuse, improper installation or operation, lack of reasonable care, unauthorized modification, loss of parts, tampering, or attempted repair by a person not authorized by the dealer.

- Any product that has not been installed, operated or maintained in accordance with the manufacturer's instruction manual supplied with the product.

- Any product that has been used for other than its intended purpose.

- Any damage caused by improper power input or incorrect cable connection.

Remarks:

- This product has a built-in rechargeable lithium battery.

- Safety warnings for using the battery: Do not disassemble, hit, squeeze or set fire to the battery; if the battery is very swollen, do not continue to use it; do not place it in a high temperature environment; do not use the battery after immersing it in water.

- Do not use the watch in a hot shower/bath or sauna, vapours will enter the equipment, causing damage to the internal components. This is outside the scope of the warranty.

- This product is not a medical device. The health data and suggestions provided are for reference only, not as a basis for diagnosis and treatment.